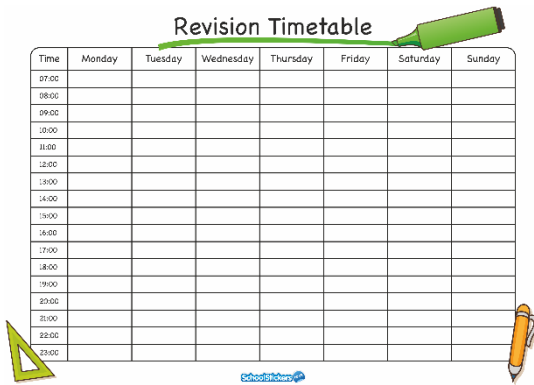




## Revision Strategies

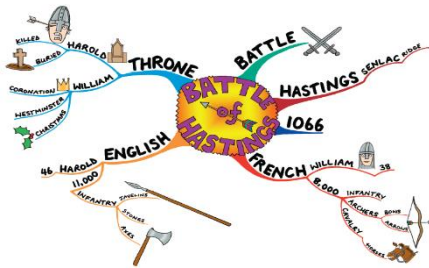
In this document you will find five examples of revision strategies that can be used to help you prepare for your PPE’s in November, PPE’s in February and your final examinations in the summer of 2024. These strategies were described in an assembly led by Mr Trickett and Mrs Palmer.



Create a revision timetable. When creating the timetable you should make sure that you:

- 1) Focus on weaker areas that you have identified i.e topics that you have missed or not fully understood.
- 2) You should plan to revise in small chunks such of 30 mins on each topic.
- 3) You should make sure that you plan in breaks and time to relax!

### Revision Strategy 1 - Create Mind Maps



#### How do they work?

- Mind Maps focus on topics and include only key words, images and the use of colour.
- Research has shown that this approach helps your brain to remember key information.

**‘Processing’** is vital when it comes to revision. An example of processing is when text or written information is converted into a diagram. This approach is also called ‘dual coding’. Mind maps are one example of this but there are others:

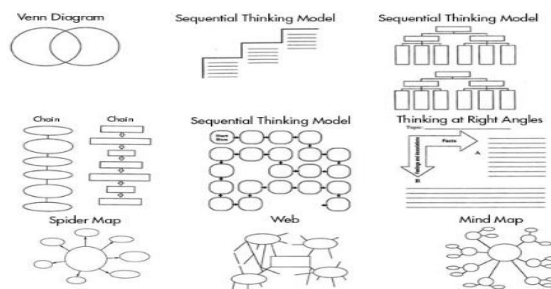
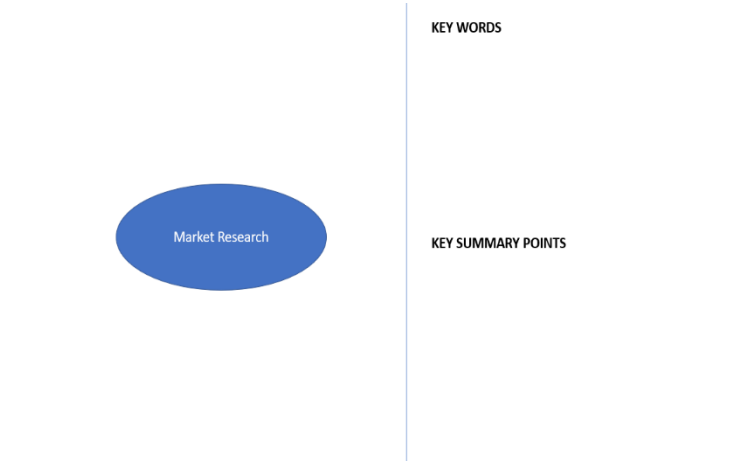


Image taken from <https://www.crownhills.com/>



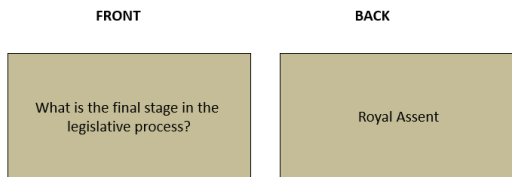
**Revision Strategy 2 - Condense Information**



Reduce large amounts of information by creating a summary diagram, identifying key words and then writing three summary bullet points about the topic.

**Revision Strategy 3 - Q and A Cards**

Write a question from topics we have studied recently on one side of the card and the answer on the back



Question and answer cards are a portable revision tool that you can use repeatedly to test yourself. They are also a useful tool to use when revising with somebody else.

Paired quizzing and self-quizzing is proven to be an effective method of revision

**Revision Strategy 4 – Flash Cards**

**Medicine During the Middle Ages**  
Beliefs – Miasma, God, Four humours  
Treatments – Balance the humours, pray to God, herbal remedies, supernatural  
Preventions – Tithe, praying to God, whipping themselves as a punishment  
Hospitals – Monasteries, rich had Physicians  
Factors – Religion, communication, attitudes and beliefs

Creating question and answer or summary flash cards is a good way of creating a portable revision tool. Read the cards through and then test yourself on the information.



**Revision Strategy 5 – GCSEPod**



Teachers



Students

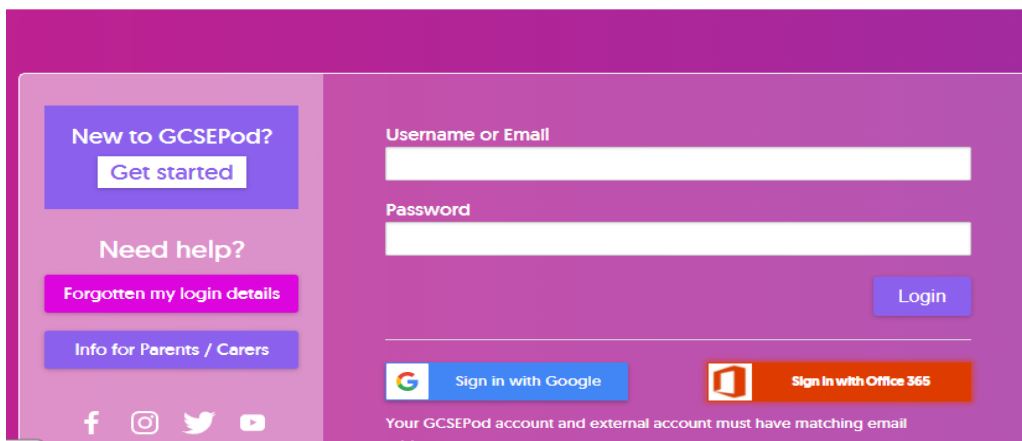


Parents

GCSEPod has thousands of short video clips known as ‘pods’, check and challenge review questions and assignments. You can also create your own playlists of topics that you find more difficult which can be accessed on a computer or via an app on your phone.

**Research has shown that GCSEPod users achieve an average 1 grade higher than non-gcse pod users!**

**Step 1 - Sign in**



You can login by using your Office 365 account. These are the same login details that you use to access the computers at school and Microsoft Teams.



**Step 2 - Home Screen**



Once you have logged in, you are then presented with a home screen. On the left hand side, there is a menu that includes links to any assignments that have been set by your teachers and a link to the courses that you study.

**Other Strategies**

- With all revision strategies, checking understanding before and afterwards is really important. Use the examination specifications or any knowledge organisers/checklists that you have been given to check how much you know.
- ‘Just a Minute’ – Summarise your knowledge of a topic into text that would take 1 minute to read out.
- Rank Topics – Self-evaluate which topics that you need to prioritise and make these topics clear in your revision plan.
- Past Questions – Use the exam board websites to find and plan answers to past examination questions. Use the mark scheme to self- assess these answers.

Any exam period can be stressful, but it is important to see it as a learning experience in preparation for the main exams. Well-being and health should always be paramount so please follow the guidance below:

**EAT** Make sure that you eat regular, balanced meals and stay hydrated.

**SLEEP** A lack of sleep can have a really negative impact on the amount of information that you can recall. Getting a good amount of sleep means that time spent revising can be efficient.

**EXERCISE and RELAXATION** Planning in exercise and times for relaxation should be part of the process when creating a revision timetable.